

Preschool Schedule

8:00 AM	Classroom Greetings, Free Play
8:30 AM	Morning Exercise: Yoga, Dance, Zumba
8:45 AM	Toileting
9:00 AM	Breakfast
9:30 AM	Circle Time
10:00 AM	Introduction to Curriculum, Morning Activities (art, math, science, language arts, music etc.)
10:45 AM	Clean Up / Toileting
11:00 AM	Gross Motor Activities (playground, neighborhood walks)
12:00 AM	Lunch, Clean Up, Toileting
1:00 PM	Nap / Quiet Rest Time
3:00 PM	Clean Up: Mats away, Toileting
3:30 PM	Snack
3:45 PM	Circle Time
4:00 PM	Curriculum Activities (art, math, science, language arts, music etc.)
4:30 PM	Art Projects, Group Activities
5:15 PM	Quiet Activities, Free Play
6:00 PM	See You Tomorrow!