

## Infant Schedule

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| 8:00 AM  | Classroom greetings and free play                            |
| 8:30 AM  | Breakfast  |
| 8:45 AM  | Clean-up / Diaper change                                     |
| 9:00 AM  | Nap  |
| 10:00 AM | Gross Motor Activities (playground, neighborhood walks, gym) |
| 11:00 AM | Wash hands / Diaper change                                   |
| 11:15 AM | Lunch  |
| 11:45 AM | Clean-up / Diaper change                                     |
| 12:00 PM | Nap  |
| 2:30 PM  | Diaper change  |
| 2:45 PM  | Snack  |
| 3:00 PM  | Sensory games / Tummy time                                   |
| 4:00 PM  | Gross Motor Activities                                       |
| 4:30 PM  | Reading, songs, finger play                                  |
| 5:00 PM  | Diaper change  |
| 5:15 PM  | Free Play  |
| 6:00 PM  | See you tomorrow!  |